Welcome 2025! Happy New Year!

Joey - And we're live on the Overland Podcast. Here we are on the first podcast of 2025.

Tony - Yeah, buddy.

Joey - Here we go. Where are you? How are you doing? What's going on?

Joey - I ain't seen you in forever.

Tony - It's been a while. You doing OK?

Joey - Yeah. Yeah, I haven't seen you in like a week.

Tony - Yeah. Well, yeah. Last what? Friday?

Joey - Friday. Well, you know, Christmas is busy. It's a busy time for families and it's a busy time for my wife and I, because it's an extended vacation and we like to leave and go.

Tony - You like to go out of the country. Well, I mean, you, you did go to Mexico, right? Or did you, you did?

Joey - Yeah.

Tony - I thought I was thinking you did, but yeah.

Joey - Well, it's, it's fun. I like it. And, uh, But it's a busy time. And so, it's really hard to, to get around and see everybody and make, make those connections like we'd like to, but, it's, it was a good, like grand finale to a pretty good year.

Tony - Yeah. Yeah. Pretty good year. last year was.

Joey - It was pretty good. Wasn't it? What are some highlights for you? Give me some highlights. Galen, the man who walks the world.

Tony - you know, I would have to say the biggest thing for me, you know, not really related to anything like podcast wise or overlanding, you know, just the biggest thing for me in my personal life is getting, getting some of my health back.

Joey - That was the first thing that came to my mind. The second thing was you got to buy all new clothes.

Tony - Um, yeah...

Joey - Yeah, so I've been there, and that is a completely life-changing thing. I mean, that's got to be way up there on the top. Yep, yep, and I'm happy to report some of y'all know, some of you don't. Hey, Podnas. Podnas. I always wondered how to spell Podnas.

Tony - Yeah, there it is. Now you have it.

Joey - That's got to be Kye. Yeah, that's Kye. Yeah. Right.

Tony - Yeah, no, I had set a goal because I want to be under two hundred pounds again. I haven't seen two hundred pounds. You know, I don't know how long it's been. So that was one goal I had for myself. But the main thing I wanted to do is get rid of my blood pressure meds.

Joey - Yeah. That's a big deal.

Tony - Yeah. Which I did. Ten days into. Med free.

Joey - Did you have any withdrawals? Did you have none?

Tony - None. And my blood pressure is still staying in the one twenties over one or over seventies, somewhere in there. One twenties over seventy something.

Joey - That's good. You don't want it much less than that or you'll just like be like airheaded.

Tony - Yeah. So, it's good. I didn't meet my weight goal, but I'll get there this year.

Joey - Now, did you did you suspect that, uh. did you take yourself off of the medication because you were kind of getting lightheaded? You could tell your blood pressure was going way down too low.

Tony - Yeah. it happened to me once before, several years ago, whenever I got down to, I lost a bunch of weight and I got down to like two and then all of a sudden one morning I got up just a regular day. I took my medication. I usually take it in the morning. I ate my breakfast or whatever, drinking coffee. And then about ten o'clock, I was just as dizzy and lightheaded as I've ever been. I was really kind of concerned. So, I called my doctor, you know, and left a message and nurse called back. And she's like, yeah, it's probably your blood pressure is probably too low because of the weight you've lost. So, I didn't get to that point. But I did notice a couple of times in the past, I don't know, month. where I got a kind of a small taste of that, you know? So, I figured it was time to try. And I thought, you know what, Benji, I'll try it. You know, I got me a new, my favorite wife got me a new watch. It tells me-

Joey - Wonder Twin powers activate. And- Form of one healthy man.

Tony - Yeah. Uh, so I, now I know I can keep track of it, I guess is what I was saying. So, I decided to try and I took, took myself off my blood pressure medicine and my watch keeps track of it for me. So that's awesome.

Joey - Yeah. That's good.

Tony - Yep. Yeah. Lisa says she's getting cracked up at her husband. Podnas. Podnas.

Joey - So it's January, and we're both in Arkansas. Now, this past weekend, or actually this week, we actually had a little bit of winter weather. I think it went to the north of you. I think it got a little bit more where Benji is up there.

Tony - Oh, yeah. Benji and Galen and all those folks up there.

Joey - Galen, holy cow. The videos that he's been posting of everything, the whiteout and the wind.

Tony - You know, he's like the postman. It doesn't stop him. He gets his forty-six miles every day. It doesn't matter.

Joey - Galen, I want to know. In this weather, where are you walking? Where are you walking? Because you've got to get forty miles a week. You can't get behind. You can't get behind because next week will be eighty. So where are you walking? I really hope you have something other than just walking in place.

Tony - He posted a video the other day of himself walking.

Joey - Oh, thank you, Lisa. I'm doing good, too, Lisa. I'm just saying. I'm doing good, too. So yeah, my wife is noticing.

Tony - Yeah. And for those of you who don't know, my wife is about this close from hitting that twohundred-pound mark. That's close. She's killing it. So that's all for her.

Joey - Well, here we are, like I said, in Arkansas, and they keep moving it up. It was like Friday and Friday afternoon, but now it's moved up to Friday morning. Now it's like Thursday afternoon, and I heard earlier today it may be like in the middle of the day on Thursday. Yeah. We're supposed to be getting some really good winter weather. So, if anybody has any plans to go out this weekend, I want to encourage you, don't go out by yourself. Jeff, if you're listening, don't go out by yourself. If anybody remembers that, Jeff went out by himself last year and turned his truck over. So, we don't want to do that. Don't do that. So don't go out by yourself. Go out with somebody. And I think you sent me a video today and you were like, man, I was thinking about going out and playing in the snow today. And then you sent me this video.

Tony - Now I'm second thinking it second, giving it second thoughts.

Joey - And it was like two Jeeps, one behind the other. And it gave good videos. One was inside the Jeep and he was like, yeah, this is fun. And then he rolled off the side and turned over and he showed the Jeep behind him, had a picture of him. Oh, it was clear. I mean, you Clint playing his day, you see him, he just gets too close to the edge and he slides right off and rolls over on his top, you know, and the vehicle behind him is, watching.

Tony - Thank you, Galen. I mean, so I just, you know, I don't know. I want to go. I want to go snow over landing. Snow over landing. Yeah, I want to do that someday. There's a group going this Friday. I'm going to try to go.

Joey - Here's the question, though. Do you have enough bread and milk and toilet paper? Because if you don't have enough of that, then, it could be the end.

Tony - Yeah, I don't... We don't have any... We haven't had any... I don't need bread or milk. Okay. It's not on my...

Joey - But you do have a really nice new remodeled bathroom that I can't wait to come up there and poop in.

Tony - Yeah, we have plenty of toilet paper. We're not going to run out of toilet paper. I don't think. But, yeah. I got plenty of wings and salad and...

Joey - still doing the wing thing

Tony - oh yeah lots of chicken lots of chicken and salad with lots of stuff in it. vegetables

Joey - you know what the least spoken language in the world is?

#### Tony - I bet you are going to tell me

Joey - Anybody out there, do y'all know what the least spoken language in the world is?

Tony - Don't tell them yet. Let's see if anybody guesses it. Let's see if anybody can guess it. Okay. That's the question of the night.

Tony - I guessed it by accident because I was going to be a smart aleck.

Joey - Yeah. And Lisa is chopped liver. We have some great things coming up this year. We've got some amazing guests coming on this year. Yes. Look, my wife got it. Sign language. Good job, babe. So, we've got some really cool people that are coming up on the podcast in the next couple months. I'm really excited about some of these. And we've got some even bigger names that are getting lined up and scheduled. So, I've really worked hard, really reached out there. You got your Coddiwomple thing on there. So next week, Angry Owl Outdoors. If you've never checked out Angry Owl, O-W-L, Angry Owl Outdoors, this guy goes out and builds like bushcraft shelters like on the Alone show. He goes out and does that for fun.

### Tony - On purpose?

Joey - Yeah. And like the worst weather ever. This guy is the real deal. Super neat guy. And really excited about that. That's on the fourteenth. On the twenty first. On the twenty first, we've got responsible stewardship. We got the guy, Benny Braden. Now, Benny Braden, Responsible Stewardship, if you've never seen them, you can look them up on Instagram. But these people are like, and I don't want to call out any names or point any fingers or anything like that, but he's like Tread Lightly, but Tread Lightly that's actually doing something. Not Tread Lightly that takes in a whole bunch of money and then puts out signs that says Tread Lightly. I mean, they actually organize cleanups, and they... have picked up and gathered tons and tons of trash in the outdoors. And it is a phenomenal, phenomenal group. And I really want to help them out and spread the word about them. But Responsible Stewardship, they did a super job out when the hurricanes and stuff hit out east. They went out and organized all kinds of cleanups. But they're doing cleanups all over. And they do a fantastic job. Really excited about getting him on there. The 28th of January, Coddiwomple is coming on. Really excited to have Bill and Deb on there. It's been a couple of years, I think. And they were actually on a trip the last time we had them out and perfect timing. They were sitting under an awning and it was raining. Because every time, if you watch any of their videos, it always rains.

Tony - Well, and just so that anybody listening, just so you know, three weeks from today, wherever they're at, there's going to be rain. It's going to be raining. It's going to be raining.

Joey - It is unreal. People need to hire them to travel where there are droughts. Because they are some of my wife's favorite people. She loves, in fact, when she talked to Bill. At Overland of America, I had to tell him, I was like, you know, we were just cooking in the house one day when it was like crappy weather outside. We were just cooking. I turned on some of Coddiwomple's stuff when they went up into the northeast. Because, you know, when they did all their stuff up in the northeast and went up into Maine, we were going up there. And I wanted to see where they had gone. And my wife said, who is that? I love his voice. It's so calm and soothing. Yeah. It's not like he's done a couple lines of crack. He's actually personable. Hello, YouTube.

#### Tony - What's up, YouTube?

Joey - What's up, YouTube? He's a personable guy. Yeah. And good people. They both work in public service. So... love them. And they have been pulling a trailer all over the world.

Tony - Arla and Misty were talking to them earlier. I guess they're going to all be meeting up down at the SAVE expo down in Stark, Florida. So yeah, they're going to be cool to have each other.

Joey - Yeah. And then, uh, March the fourth, we've got independence overland. I've been trying to get him on for years. Yeah. Mainly because he drives an FJ. I'm pretty stoked about that, but he does some really great YouTube videos.

Tony - He's got that new truck, too. Yeah. He's got that new truck, too.

Joey - Yeah, he's got a new truck, too. Yeah, he does a phenomenal job. I've only talked to him briefly, but I'm super excited about having him on. Yeah, I'm excited about having him on there. And we hang out with Scott in the old man fish camp, and he's Scott's favorite guy, you know. Nice. I think he calls Scott the legend or something like that. So, yeah. Anyway, on February the 11th we got jasper jeep jam ... coming up in March

### Tony - that's right yeah

Joey - we're going to talk about that when we when we do our calendar here in just a minute of a minute yeah, we got Cajun Kye and Lisa the old Podnas. Podnas. The Podnas are going to be on. Yeah. So, and then I've got some tentative. Don't want to release it yet. On the eighteenth. On the twenty-fifth. We've got Pruitt Knives of Valor coming on.

Tony - And, uh. Big announcement on that one.

Joey - Really? Yeah. Uh. We can't say it now. We've got to wait until he comes on, right?

Tony - Oh, okay. Or do we say it now?

Joey - No. I don't even know what you're talking about. I probably need to know before we say something because I could lose my mind live on the air.

Tony - Oh, well, we better not have that.

Joey - No, we don't want to do that. So anyway, got some great guests coming up. I'm really excited about that. Oh, yeah. Free knives for everyone. It's kind of like the Oprah of knife making. You get a knife and you get a knife. Everyone gets a knife. Yeah. No, that's not going to happen.

Tony - No. That's not going to happen.

Joey - But I'm excited about the people that we got scheduled. I've also been talking to this cat here about coming on maybe again since he's released his new book. And look at there. He even signed it to me and my wife.

Tony - Oh, that's awesome.

Joey - Thanks for being wonderful friends. Timber Cleghorn, his new book came out. You would love that if you get that. It's really thick. So, if you're not used to reading more than, if you're a YouTube person, I

actually posted a blog. It was a gear review on some camp shoes that I did. And Matt McClellan actually posted on there that I put way too many words. And it was only like one page. Matt, you can do this.

Tony - Yeah, I think it's great if you want to read and things like that. I'm just, I'm not a reader. I could, if his book was an audio book, I think he's working on it. Yeah. I could get into doing audio books. Cause you know, like when I'm working here at the house, I have, you know, music playing and I get burned out. I get burned out on music.

Joey - Me too.

Tony - So, audio books, I could really get into that.

Joey - Yeah. You know, so. We need to do a show on some good books. Some good outdoor, like, overlanding books. Because I've got some.

Tony - Yeah.

Joey - And I've read most of them. Because I'm a reader. Because, you know, you need to read. I'm just telling you. You can't just live off YouTube videos. You can't do it. It makes your blood pressure go up.

Tony - Actually, no. It helps reduce. It's a fifty-fifty shot. When I go to YouTube, whether or not I'm searching for something, if I'm searching for something, I'm searching for something that will solve a problem.

Joey - Oh, okay. Like a how-to thing. Like a how-to thing. I've learned how to do so many things. Like this issue that I got with my daughter's transmission. I finally found a bright video from YouTube.

Joey - Did you get it done?

Tony - No, I'm waiting on a tool to come in.

Joey - Oh. Did you have to watch a video on what tool to get? Or where to get the tool? Or you just know stuff like that?

Tony - Well, no. So, the video's a few years old, and the tools that they used aren't, like, regularly available. It was like a dealership thing. So, I had to kind of research and find my own tools. And I have a three-pound slide hammer. And the three-pound slide hammer for what I need to do, this bearing sleeve that I need to pull, is not enough. That's one of them things that you, like...Yeah, I did that threepound slide hammer last night for about an hour, and I thought my arm was going to fall off.

### Joey - You did it for an hour?

Tony - I was working on it forever, trying to get this bearing sleeve out. So, my buddy has a five-pound slide hammer, but it's a bigger shaft. So, I had to buy another adapter to adapt his five-pound slide hammer down to the... Anyway, that's a whole ridiculous rat hole. But I'm this close to having that thing done where they can drive it.

Joey - That would be nice. It's always nice when you can get your kids in their own car and you don't have to taxi them around everywhere.

Tony - And I don't have to look in the ring camera out front to see if it's leaking in the driveway.

Joey - Well, that's cool. Well, I actually watched a YouTube video right before we came on because I was trying to bleed the brakes in my bicycle.

Tony - Wait, what?

Joey - Yeah. I had to change the pads on the rear of my backpacking bicycle, my overlanding bicycle.

Tony - And you had air in the lines.

Joey - I had air in the lines, and I did it, and anyway. It didn't work. I've got to try it again. But you know how mechanically inclined I am. I really can't do a whole lot of things mechanical when I'm not with you. And so, it would help if I was with you.

Tony - So, it's got a reservoir?

Joey - It's got a reservoir. No.

Tony - Where's the fluid?

Joey - The fluid is actually in the gripper. It's in the gripper, in the line, all the way back to the disc brake.

Tony - Okay, but you have air in the lines down next to where you bleed it.

Joey - It's not making it clamp the disc. So anyway, I ordered a kit. It came with two syringes, one for the bottom where you push it up through the top. And for some reason, it's, yeah, my wife says we have a new piece of living room furniture. It's Joey's bike. That's where my, when it's this cold, I work in the living room.

Tony - I was like, wait a minute, new? New. Don't you have like eight bikes hanging up in there?

Joey - No, I don't. I don't. I have three bicycles. My wife has one, but one of them is inside because I had to work on it and I'm not working on it out in the cold. And so, it's, that's a new piece of living.

Tony - What? Your garage is cold?

Joey - Yeah.

Tony - Okay. I got a diesel heater, man.

Joey - Yeah, well. That's the way it is. That's the way it is. Galen says, Joey, I love my ultralight sacks. Thanks. Hey, you are welcome. You are welcome. I talked to Luke right before we came on here. Luke is a fantastic guy. If you need some packing cubes or anything like that, that's the way to go. He makes them well. And he makes them at his house here in Arkansas. So cool and neat people. Really neat. He's got a cool van.

Tony - Yeah. I'm digging my ultralight sack. I'm trying to figure out, I'm getting ready to add some Molly panels to my truck. So, I'm figuring out, trying to figure out how I'm going to maybe attach that ultralight sack to the Molly panel.

Joey - Hmm. On the inside. Oh, that'd be cool.

Tony - Yeah, like inside the back. So, I'm looking at two overheads, molly panels, one over the back seat, one over the front seat. And I'm thinking about using that ultralight sack as my toiletry bag. And just have it attached right inside the door, maybe on Velcro or something.

Joey - Anyway. Well, you know, that's kind of what we're talking about. I tell you what, this was the second time when we went down over Christmas, this was the second time that we had used our Subaru in an overlanding setup. Actually, yeah, the full overlanding setup. It was the second time. And the first time was when we went up to... Missouri when we did the bikepacking trip. We kind of base camped and did it then. But this was the first time when we went down to Big Bend how we had to go, set everything up, get up early in the morning, pack everything up, go, come back, set everything up, pack everything up, go. It was a true...

Tony - Yeah, I forgot you didn't have it over the summer.

Joey - We didn't. Yeah. You know, we were supposed to get it over the summer, and we had the kitchen and the fridge and all that, but we didn't have the tent. We had the ground tent when we went out into the northeast. And so, this was the first time we had to do that, and Overland Vehicle Systems... Everest tent is legit it is so nice and if I did not have an air up mattress in that tent it would take me probably two minutes to put it up take it down, I mean it is so fast so nice it packs up that thing has six I think it's six bungees that draw everything in when you pull it down yeah and it's outrageous good. I love it. Joey would get an ultralight casket if that was an option that is true hooked on Dyneema that's funny that's true babe uh sorry about that but that's me but yeah it was it was really good because if there's one tip that I can give anybody when you go to a national park, you have to go early. You can't sleep late. You can't go eight or nine o'clock. You've got to go early. If you want to do anything or get to any of the good spots, you've got to go early. Otherwise, you're sitting in a line all day. It's like being at Disney World. It's horrible. So, we would have to get up. six o'clock every morning we set an alarm got up it was cold did not want to get out of the tent because it was so cold but you know the night before we prepped and we had sat outside the night before because you know down there the stars you just have to you have to sit outside you can see the milky way you can see all the planets you can see all that and so we would sit outside at night but we would sit outside late at night with a little buddy heater, and then we'd pack everything up. All we'd have to do is just get up, brush our teeth, and fold the tent, and we'd go. And no lie, within ten minutes, we were driving out. We were driving out. That's getting clothes on. That's teeth brushed. That's me squeezing the air out of the mattress, folding everything down, and we're out. And very impressive.

# Tony - That's what they say, dialed, right?

Joey - dial well and I would like to I would like to think that I would like to think that it's dialed in but it's only the second time I've done it um you know and we had a lot of trouble when we were in Missouri because I tried to suck the air out of the mattress with the blower. No, couldn't do that. So, I get up in there and I get up in there just like it says to do. You roll the mattress up, you sit on it, you squash all the air out of it, you get it down to where it's about an inch and everything folds up fine. That's a pain.

Tony - It's like one of those high school wrestling matches.

Joey - Exactly. But you don't want to be the jujitsu guy because they're always on the bottom. You want to be on the top. You want to be like WWE, like on the top rope. Yeah, do the stone-cold stunner on it.

We got up at five, two mornings, and then we'd nap in the parking lot when we got up to the park. That's true. So, when you go up into, you know, when you and I went up, when we went down there to Big Bend, we looked and saw the Chisos, where the lodge is, the Chisos Basin, and we didn't go up there. No. Because I thought, oh, it's a lodge up there. We don't have anything to do up there. We won't go up there. Well, that's the prettiest part of the park. And I had no idea at the time.

### Tony - Oh, wow.

Joey - But when we would go up there in the mornings, we would go up there because it was like an hour drive. You know, it's like thirty-five miles anywhere in Big Bend. And we would get up at five o'clock and six o'clock. We'd be up there. Well, the sun comes up late down there. Don't come up till after eight. And so, we would get down in the parking lot. And we would just nap in the parking lot. Well, when we would get done about eight thirty or nine, we would come down. There would be two lines. There would be a line at the top. There would be a line at the bottom. It was an hour and a half wait to even be able to drive to the top to see if there was a parking place. It's just outrageous. No. I don't want to do that. So, if I have any insight into national parks, get up early because the people with kids, they get up, they make breakfast, they fiddle fart around, they pack everything up, it's nine or ten o'clock. Well, you're sitting at the gate. You know, we sat at the gate that one day. We got in there late because, you know, you had two tents to pack up and all this other stuff.

### Tony - Yeah.

Joey - And we got up there at nine o'clock. We sat at the gate for an hour. And then you go up there and you want to get up in the cheese house. It's another hour. And, you know, the days are short right now. So, you can't waste time like that. But anyway, it was so nice to have such little time. Comfort. I love the tent. I love the, everything that was, that we've done to it and it has just been, a dream. So, I love it.

# Tony - Nice.

Joey - The FJ is getting neglected. It's sad. It's really sad. It's sitting there. It's crying in the driveway right now.

Tony - You get in the stink eye every time you walk by it to get in the, you know...

Joey - and, we went out in it. We went out in it two weekends ago. I think it was two weekends ago. And it was cold and it was starting to rain when we got done. And I just drove home on twenty-pound tires, you know. And guess what?

Tony - They're still aired down.

Joey - Still aired down. Still aired down. Because now it's really cold. And I just hadn't got out there to air them up. But I'm thinking, hey, if the weather comes in Friday, aired down tires, I'm ready. Right out of the driveway.

Tony - You ain't got to do nothing with it.

Joey - I'm set. So, anyway. Um, do you have a problem? Do you have a problem? Because you and I are alike in one way. Y'all have multiple Overland vehicles. You've got your wife's vehicle. You got your vehicle and you've got the trailer. We're kind of the same way. We've got my FJ, we've got the Subaru and we've got the trailer. Do you have a problem when you go out making sure you have everything in the right vehicle? Do you have one of everything that you have to share? Or do you have multiple things so you don't have to move stuff around?

Tony - I mean, we have multiple... Certain things we have multiples of. I mean, we don't have two trailers. But, I mean, she has her own fridge, you know, her own awning, you know, all that kind of stuff. The trailer has, you know, boxes on it that, you know, we keep stuff in. So, it just kind of depends. When she goes by herself, if she doesn't take the trailer, I have to take the drawers out. So, we do a little bit of re-gearing with hers when she goes out in her Jeep by herself. Like if I don't go. Mm-hmm. she goes on a women's trip or something, doesn't want to fool with the trailer. She sleeps in the Jeep. So, I got to pull the drawers out and we sort of reposition some of the gear on her shelf that she needs to take for that. But for the most part, they, you know, they have their own things. I'm working on updating mine a little bit so that some of the stuff that I have to load for every trip can be more permanent. But yeah, like the air compressor, you know, I usually just air compressor I have is in a bag and I usually just throw it in the, in the floorboard when I leave. But I made some changes this last week that's going to allow me to mount it inside the deck drawer system. So, it's going to stay there permanently.

Joey - So constantly. And even if it's not big things, even if it's small things, um, you know, I had for everybody that knows me knows I'm a huge fan of Pruitt Knives of Valor. Huge fan. And I have them for every day of the month. I do. But here's the deal. We got gone this summer and somehow, I ended up without a Pruitt Knife. I did not have a knife in my car. And I'm like, how did this happen? I got out with no tongs. I cook everything with tongs. And no tongs and no knife. My wife and I, two summers ago in the FJ, we got away with no tongs and I, I bet I bought six pairs of tongs at different places. They're dumb. They're not like what I'm used to. I don't like them. So, I buy them and I'm like, I'm giving these away. I hate these. And my wife says Clorox wipes. Just the small stuff that you're used to having. You know where it's at. You know, I could pull any drawer out in my FJ in the dark with my eyes closed. I don't guess you'd have to have both those. But either eyes closed or dark. And I know where everything is. I know where everything is. I can do it all with my eyes closed in the dark. No headlamp. Whatever. I know where everything is. But if something's missing, it just throws me off my game. Because, you know, because we have taken a trip in the Subaru and I've robbed my Pruitt knives of valor, you know, kitchen knife out of the FJ and it's gone or I've, moved your,

Tony - your feng shui is off balance.

Joey - It's off. And it just drives me insane. I don't know how these people do it that have a daily driver as their, overland vehicle because a lot of a lot of people put stuff in and take stuff out constantly and that's like me on a backpacking trip I have to have a list I have to have a list and you have to go down that list to make sure you don't leave anything at home because even if you even if you know there's a dollar general store every two miles so you can stop and get whatever you need but it's not what you're used to it's not what you like it's not the shape or the size or the feel And you just have to suffer till you get back to get what you hate.

Tony - So like on your backpack and stuff, you repack and go through everything in your backpack every time.

Joey - Well, the way we do it, we kind of have to, because when we get back, it's always something's wet. Something's got to dry out. Even when we got back this past time, she and I got our sleeping bags out, put them out in the backyard so they could air out. We got the tent out and we set it up so it could

air out. That stuffs in the bottom. We repack all of our clothes. take everything out. When we get home, the sleeping bag has to fluff. So, we take it out of its bag and we hang it up in the extra closet. The tent is best when it's not stored compressed because you don't want like moisture to get down there and mold and stuff. So yeah, we repack everything. I have like six milk crates in here that's got all of our stuff in it. Don't ask me where I got the milk crates. But we got milk crates in there. And so, when we get back, like you can see back behind me right there, that's all of our backpacks hanging up. And so, our backpacks are hanging up empty. And then the milk crates, we've got all our stuff. And then on our phone, we've got a list of things that we have to carry. Now, I keep everything organized in the milk crate so I know where it's all at. And now my wife says she officially has her own crate. I did that. I did that for my wife because I love her very much. She's amazing. So anyway, we keep everything organized, but with people that do that for overlanding, man, to unpack everything, I could not imagine having to take everything out and making sure I've got everything in there. Now, there are a few things that you'll take, you know, every now and then, whether it's a zero breeze or whether it's a diesel heater or whether it's, you're going to take a Rotopax for extra water. Like, we took my itty-bitty roto packs down to, down to Texas, the one that I have on my motorcycle, because we almost ran out of gas last year a couple of times. Yeah. So, there's a few things that, that you have to put in there and take out. And, uh, but like the, the stuff that you always want in there that you never want to have to do without it's, it blows my mind how people are able to do that consistently. Um, you know, and I know yours is your daily driver, but you keep the majority of your stuff in your vehicle.

Tony - Yeah, probably ninety five percent. I mean, clothes come out, obviously, depending on which trip it is. I usually don't fool with the bedding. You know, I can usually stay up there in the tent. And if I've got another trip coming up, I don't even empty the fridge.

### Joey - Really?

Tony - No, if I know that there's another trip coming up. I usually just leave the fridge turned on and leave in, you know, if I need to get something out of there, you know, while I'm at home, I'll just, you know, go grab it out of the truck. But for the most part, for me, it's things like, Maxtrax, some of the, like camera gear, um, What else? The air compressor, you know, things, some of that kind of stuff usually that would sit in the floorboard because I haven't really developed a place for it to mount in the open bed that, you know, I'm comfortable with it staying exposed, you know, around town all the time.

Joey - My wife asks if we like packing for our trips. Now, I know what she knows what my answer is. Do you like packing for your trips?

Tony - Oh yeah. Getting everything together. Yeah. I absolutely love it.

Joey - Yeah. I love it. It's like I destroy the house. Yeah. I destroy the house. I get everything out. I take over. I'm like, okay, the bed is mine. The bed's mine. Even if she gets half the bed, you know, and she's like, what are you doing? Are you packing for the trip? I want to pack for the trip. I want to pack for the trip. Are you packing for the trip? Yeah, I love it. I love it. I love getting everything together and spreading it out and making sure everything's good.

Tony - I don't dread it. I love it. Tate. Oh, Tate. Good to hear from you, brother. Love seeing you out there with your new life. Best of luck to you.

Joey - Yeah. Love you, man. you look really good since you've like cut your hair and shaved all and all that stuff you look like a decent human being so I appreciate you doing that I know it's probably easier to sell cars looking like that

Tony - so hey man we're going to have to get those guys together and go camping again because I am really been hungry for some of that salmon bowl

Joey - I really need to get him to tell me I mean that salmon bowl

Tony - I'm sure I could probably you know mess around on YouTube and find some sort of recipe but it just won't be as good as Tate's yeah well looky there, semper gumby is in the house we're going to see good to see you

Joey - yep good to see you been following you man that sucker has been building a rig he just hadn't stopped

Tony - hey did you see his reel yesterday where he talked about he woke up with a stiffy ...crack me up. It's not what you think. Yeah. Go check out a simpler Gumby.

Joey - Yeah. He's, he's cracking me up yesterday. That's awesome. Speaking of him, you have come up with some events for this year. I want you to share that with me and with everybody so I can make sure I've got everything down. And also, if you are listening to the podcast and you're listening live and we don't have something on there that you want us to put on there, then make sure that we have something on the calendar because I don't want to miss anything.

Tony - I filled up the sheet that I had when I did the design and I was like, man, there's some I know that's on there that I'd have to make a second page. Did you upload it?

Joey - No.

Tony - You didn't?

Joey - No. You're just going to have to tell us.

Tony - Oh. Well, I wasn't prepared. Oh. I thought you were going to upload it and I was going to read it off the screen. Stand by.

Joey - Talk amongst yourselves. How come that always comes with the Jeopardy music? All right. Come on, Trebek. Let me get back over here. I was with your mom last night, Trebek. Uh, let's see. Well, I think the very first thing is the Jasper Jeep jam. Is it not?

Tony - no, it is not actually. Hmm. Uh, the very first thing is the SAVE expo and on February. In Stark, Florida.

Joey - Where in the world is Stark, Florida?

Tony - It's up in the Northeast. Daytona ish. Um, kind of Northeast of Gainesville.

Joey - Okay.

Tony - I think I looked it up today. They were kind of looking at where they were going to stay and commutes and flying and stuff and all that.

Joey - Your wife and a lady overlander radio is going to be there. Oh yeah.

Tony - Yeah. Is that, uh, is that a standalone expo or is that a, uh, overland expo deal? No, it's not part of, uh, the overland expo. It's there. They're their own, entity, their own group, doing an expo. So, fifty-one miles in on walking.

Joey - You blow my mind, Galen. I just want to tell you... you blow my mind. Because as much walking as I did last year, we added it up. And I only walked right at fifteen hundred miles. So, you blew me out of the water by over five hundred miles.

Tony - I maxed out at like fifteen hundred feet.

Joey - That's not a lot.

Joey - No. All right, moving on.

Tony - March 13th, we have the Jasper Jeep Jam and Overlanding Rally in Jasper, Arkansas.

Joey - Now, does that go through, is that Thursday through Sunday or Friday through Sunday?

Tony - Yes, thirteenth, fourteenth, fifteenth, sixteenth.

Joey - Okay. So, it's a four-day deal.

Tony - Yeah. And that is in Jasper, Arkansas.

Joey - That's in Newton County. Yeah. The most beautiful County in Arkansas. Yeah. I'd put it up against any of them. Uh, so there's a lot to see up there, a lot to do.

Tony - Yeah. Second year. Uh, lots of great things going on. Really excited to see what Kye and Lisa have really been working hard to, to grow that one. So, it'd be a lot of fun. I think it will be...March. Everybody's familiar with the Overland Expo. They've got a new event in SoCal, what they call their SoCal Overland Expo. It's actually in Costa Mesa, California.

Joey - I saw that. This is going to be the first year for that.

Tony - And then... drum roll now April 25-26 in Springfield Missouri what's that the seventh year eighth year for that ... Overland Expo West in Flagstaff, Arizona May 16-17. June 27, Overland Expo in Pacific Northwest. June 27-29. That's Redmond, Oregon.

Joey - Whoa, whoa, whoa.

Tony - Yeah. You're going to be up there in June.

Joey - Stand by. Oh. What's the dates on that? June. I'm pretty sure we're going to be there then. June twenty seven through the twenty ninth. And that's where?

Tony - Redmond. Redmond. Oregon.

Joey - You know, I've never been there, so I don't know what states what. I do know what the chicken squat. We're going to be up in Bend. We're going to be our, I think the, the twentieth, like the twentieth through the twentieth something, we're going to be in Bend, Oregon. Bend's not that far. I need to see how far that is. It's not that far.

Tony - Bend, Oregon ain't that far from Redmond.

Joey - Are you kidding me? It's not that far. It's 18 miles. I know. We might be at that. Babe, are you listening? Put that on the calendar. I mean, Pacific Northwest.

Tony - I think Matt and Kara said that that's their favorite one.

Joey - I've heard that. Yeah.

Tony - You know, and so we got another one coming up here in September that I think would be pretty cool to go to sometime. Yeah. KOAR... Yeah. The Keweenaw Overland Adventure Retreat, September 11-14 in Copper Harbor, Michigan. Copper Harbor, Michigan.

Joey - Yeah, that is beautiful. Is it? Yeah, it's beautiful.

Tony - Yeah, I think it'd be pretty cool. Another one that I've never been to this in September that looks pretty neat is this. It's called Overland of America.

Joey - Been there. Yeah, we've been there.

Tony - September 12 in Jay, Oklahoma. September 12-14. Overland of America. It's put on by Robbie and Kris. A lot of fun.

Joey - And that is a beautiful place. Oh, it's huge.

Tony - It's top notch. Free arcades. Free Galaga. All Galaga. We played a lot of Galaga.

Joey - Yep. Take bicycles. Yep. It's a big place.

Tony - If you don't have a bicycle, get you a good buddy that has two bicycles and talk him in to bring in one so that you can borrow it.

Joey - That was me.

Tony - Big Iron Overland Rally in West Mineral, Kansas. Up there where Big Brutus is at September the 26-27. Overland Expo East, October third in Arrington, Virginia. October 3-5. And then the last one kind of rounding out what I've got here so far. And y'all let us know we need to add one or two or whatever. Rendezvous in the Ozarks October 16-18 here in our backyards put on by natural state overland so that was a good lots of lots of great stuff going on I mean there's other ones there's ones I can't remember the name of it but it's at a prison in Tennessee...Somebody post a comment if you know the name of it.

Joey - There's a couple down in Texas that I've never been to as well. They have down there.

Tony - The only other one that comes to my mind is the Teton Overland Show. I would love, love, love to go to that one someday.

Joey - There's also one in Idaho, right?

Tony - That's it. The Teton Overland Show. It's in Idaho. It's Brushy Mountain. Brushy Mountain. That's it. Thank you, Ben.

Joey - That's cool man. I remember when uh the Expos was all there was yeah, I mean that was just all there was and then Chris created MOORE and from there it just went holy moly just blows out of the water and with all the rigs and coffee there's something to go to all the time.

Tony - well and before even those before I ever even whenever I started looking into this none

Joey - None in Alaska... yeah, you'd start one mike I mean, yeah. I bet Michael's got a lot of snow up there. I think I've seen him post pictures of them getting a lot of snow in Alaska. No? No. Oh, okay. Mike, are you up far enough where it stays daylight all the time and dark all the time? Or do you have regular days with sunlight and stuff? I'm interested in that. Because I don't need you getting depressed on me when it's like... Hardly any snow right now. When it's like dark all the time.

Tony - You got all them fancy new KO3 tires and no snow to run around on. No snow to run around. Hmm. You know, I tell you what, if I wasn't a big fan of the KM3's, I love the KO2's. So, the KO three has got to be better.

Joey - Yeah. Well, anyway, you never know. You never know. I've been very pleased with, with everything that I've been running, so I don't want to change anything.

Tony - I tell you, we're having to fire up the old humidifiers. You know, with this cold as it's been, the humidity in our house is probably below twenty. Yeah, you get that scratchy throat. Oh, yeah. You don't want to get a dry cough and all that. Nope. Two trips. Yeah. I bet you're going to Colorado. I bet they're going to Colorado.

Joey - So this year on our, on a personal note, we're doing something we've never done before. We're actually going on a cruise. My wife loves to snorkel, so I had to compromise a little bit and do something she wanted to do. So, I gave her a cruise for Christmas and, so we're going down into the Gulf of America. Gulf of America, yeah. That I heard today that we're going to change the name to.

Tony - Making the Gulf great again.

Joey - Make it great again. So, we're going down there and doing that in the end of March. The first of March, we're doing a backpacking trip, and if you're out there and you want to go backpacking, I'm pretty sure that there's a couple people on here that are actually going with us. I know Richard's going. He just got his new backpack, and he's pretty excited.

Tony - So, you all are going backpacking in the Gulf of America?

Joey - We're going backpacking on Eagle Rock Loop. And if you've never seen or heard of that, I think it is the most beautiful place in Arkansas. Yeah. I went on that.

Tony - You went there last year, right?

Joey - A year ago. A year ago, first weekend of March. So, we're going to do it as kind of a reunion thing again. Then, you know, kind of stay in shape and see it again. There's like twenty-eight water crossings that you have to do. It's just absolutely beautiful. It's beautiful. Then we're doing the cruise, and then we're going – I'm actually getting to go on a pretty cool backpacking trip in Utah in April, and then we finish up school the end of May, and my wife and I are heading to – towards Bend, Oregon. We got to get up there.

### Tony - Probably going to Redmond, Oregon, huh?

Joey - We may be going to Redmond, Oregon. So, we've got about three weeks to get there. And so, we're going to hit some national parks. We're going to just take our time. We may actually go through California and see a few of the places. I've never been to any outdoors places in California. I've only been to San Diego and I've been to LA for just like a weekend to cook barbecue, but I've never been to like any of the Redwood National Forest or any, any of those places. So, we may actually go through California and go up the coast and, and see all that. So, I had, I got a great call from my boss today. Because they always and Tony, you know this because you've known me for a long time and I've had to do this for years. But my wife and I get off all of June and all of July and we have to come back the second week of August. But like the second week of July, they always put a training in there that always, always screws me up right in the middle of the summer. And we always have to come back. And then we have, you know, a few weeks afterwards to go. I'm not going to have that this summer.

### Tony - Oh, no.

Joey - I'm not going to have to come back to Arkansas in the middle of the summer. First time. I've been an SRO for twelve years now, and it'll be the first time. First time I will not have to screw my summer up in the middle of the summer. So, I'm so excited. So excited.

Tony - Well, if you make it up to Redmond, Arla and Misty with Lady Overlander Radio, my wife and Misty, will be up there. So, you'll have to go by and say hi.

Joey - That's cool. Yes. That's cool. Yeah. We may actually do that. They may actually fit into our schedule. But we're actually going to go down below, like through California, Arizona, all that, go up and spend it and Bend. And then we're going to come across the top coming back. So, we're going to come across Idaho, North Dakota, because that's the only state my wife hasn't been to now. She wants to cross that off and she will have been to all fifty states and then come across, Minnesota and probably, uh, go back into Michigan and probably meet PJ at the house in Michigan.

# Tony - Nice.

Joey - And we'll end up with my daughters who are actually going to come up and we're going to have a little family time up in Michigan and it's going to be awesome. It's going to be great. I'm really looking forward to this summer. It's going to be probably even bigger than this.

Tony - Oh yeah. I mean, your Subaru is going to have all of your fully equipped to this time. No ground tent for you this time?

Joey - No, no ground tent. I'll let y'all go hiking off somewhere. I am super pumped about that.

Tony - Are you going to take your backpack and stuff?

Joey - Oh, yeah. Yeah. Yeah, we're probably going to stop in Wyoming at the Tetons and do some. We may do that trip in Michigan in the UP that we did this past summer. Um, we may do that. And then when we get up to being the guy that we're going to see, uh, Glenn Van Pesky, who I interviewed on here, he's actually going to take us out on part of the PCT and, Pacific Crest Terrell and go up on too. Yeah. It's going to be, it's going to be neat. That'll be cool. So, we're excited about that. Um, but yeah. And I have a goal to do a hike in all fifty states. And so, we're going to stop and hike in all the ones that

I've never been to, even if it's just a mile. So, it's going to be fun. And I hope for you this year you get all of your vehicles fixed.

Tony - Yeah. That should be a goal. I would really love to do that. I'm marking a big one off the list. Well, actually, I don't know if it's going to happen tomorrow. I just saw where that tool that I was waiting for has been delayed.

Joey - Oh, no. Thank you for weather. And so that car is in the middle of our two-car garage up on jack stands with the suspension all out from under one side of it.

Joey - So, our vehicles, our daily drivers are going to get snowed on. You don't like that?

Tony - No. Now, I know that you're actually going through a process of revamping your setup.

Joey - And, are you going to be able to park in the garage when you're done?

Tony - No.

Joey - Okay. So, this will be the first time ever. And, and I want to go on record here because you have totally up to this point done your setup so you can get into the garage. What has changed? What's changed for you?

Tony - Um, well, so the, what's changed this time is, I'm adding some solar to the roof rack. It's going to happen in a couple of weeks, but there's a solar product that I'm putting up there. That's a four hundred panel of four hundred watts, two panels. One of them is going to slide. Hey, Kate. And so, you know, as it is, that rack is about this close to hitting the garage door. And by the time I put the solar on it, it'll hit.

Joey - So why are you okay with that now and you weren't before? Why are you okay with parking outside now and you weren't before? What's changed?

Tony - I don't know. I guess just sort of weighing what's important, being able to fully equip and stay fully equipped better. I've been toying with the idea of getting rid of my rack or going to a different rack versus a canopy.

Joey - You're still considering a canopy? I'm still considering that, but at the very least, if I make another change, it's probably going to be to a taller rack. And any rack, I mean, my tent already scrapes the gasket as it is getting in the garage door right now.

Joey - Right. So, you're going to let your daughter park in the garage?

Tony - No. Arla is going to get the full garage, and she's not going to be crowded getting it.

Joey - Oh, that sounds good. Make it easy on her.

Tony - No, I'm kidding. That's great. She's probably going to get to park in.

Joey - I'm I'll be interested to see what you do I think it's going to turn out good because anytime you do a project I mean you already showed me your wiring diagram it's just outrageous so yeah I love how much time you put and time and thought and effort and all that that you put into it before you do something Tony – yeah, I didn't really go into a whole lot of detail but yeah along with that solar setup I'm adding a battery and some other components to the electronics so that's going to be cool.

Joey - It will be fun. Well, I'm excited to see it. I think it'll be neat. It's going to be a pretty cool year. I think it is. I'm excited to see what 2025 holds. A lot of things have changed for us as a podcast. And, you know, we shared in the in the beginning, a lot of things have changed personally. We're back. You know, we're getting healthy and that's actually a priority for us. Eating right, exercising and getting out there. And that's why I've really tried to incorporate that. A lot of the hiking, backpacking, we need to get out and do some paddling, some water. I've always loved that. And that's why I'm changing, you know, bleeding the brakes on my bicycle because me and my wife ride bikes a lot now. And so, we've made that a priority. At my age, you know, when I was at thirty years ago, I never thought about it. It never crossed my mind. I just live life. Never thought about it. Didn't care about it. blood pressure or cholesterol or none of that junk. But now it's, it's kind of a thing. Yeah. And so, we kind of have to be mindful of that. And, you know, Galen's out here walking two thousand miles a year. So, we've got to keep up with him. But. We've got all these shows coming up. We're going to get out and do some things. Get out and see. We'd love to see you out in 2025 wherever we wherever we are. We're going to be doing some camp and hopefully we'll put it out there and see if anybody wants to join us. But it's going to be a great year. I've got really high hopes about what's coming. And I really want to get out there and see all of you, meet some people. I hope you all come to our first event that we're going to be at is going to be Jasper Jeep Jam, and that's going to be in the middle of March. So, I hope that you're there. I hope you come to Arkansas. It is a beautiful, beautiful place, especially that time of year. And it'll be something that'll be well worth your time.

Tony - For sure. Yeah. Get out there.

Joey - Well, Tony, thank you for being here. Appreciate you taking time out of your day to join me on this conversation. It's always good to see your face.

Tony - Yes, sir. Yep. Good to see you. And can't wait till next week.

Joey - Cannot wait till next week.

Tony - It is. Angry Owl. Angry Owl. Here we go.

Joey - All right. I hope everybody has a wonderful week. Thank you for joining us. We got a lot of sponsors that we are coming out with. A lot of new sponsors. We're going to be talking about in 2025. So, make sure you follow us on the socials @theoverlandpodcast on IG. If you want to check out the website, go to www.the-overland-podcast.com. All the podcasts are uploaded up there. Plus. the transcripts and links and different things like that. So, make sure you give us a follow, and check that out and, make sure and give Tony a follow @batsoffroad. And mine is @brofessoradventures. We love everybody. Thank you for, for joining us and, uh, keeping up with us from the overland podcast. We want you to have a wonderful week. Look out for number one. And don't step in number 2. We are out. See ya.