

Season 8 Episode 2 - Angry Owl Outdoors

Introduction and Welcome!

- We are LIVE! Welcome to THE Overland Podcast. My name is Joey, they call me the BROfessor along with my co-host and personal mechanic Tony from @batsoffroad.
- Hope everyone has enjoyed the snow and playing out in it.
- Tony – you were able to get out and enjoy a little this weekend with Caleb Baker and friends...how did that go?
- I could hear the diesel heaters working hard all the way down here.

Our Guest this evening...

- I am excited about our guest this evening as we do this live recording of the show
- So, if you are watching or listening, you might want to be thinking of some questions
- We have with us this evening @angryowloutdoors
- You can find him on IG, Facebook and YouTube all under the same name
- Welcome!

Personal Background

- Tell us a little about yourself and where you are from...
- You are in Idaho?
 1. Personally, I believe Idaho to be the most underrated state in the US as far as outdoors is concerned
 2. So beautiful.
 3. What are some of your favorite places to visit and adventure there?
 1. My wife and I will be coming through Idaho this summer
 2. And I always love getting the locals opinion about where to go and what to do instead of the internet.
- You state in your "ABOUT" section of your YouTube Channel that you previously served as a Park Ranger for the National Park Service and State Parks. I have considered doing that when I retire...did you enjoy your time there?
 1. During this time, you had the opportunity to serve as an EMT, Search and Rescue and Forest Management.
 2. You get amazing training and are able to work on personal skills that can also help you with your personal hobbies when doing this.
- As a young man, you state you spend your youth and young adulthood exploring and adventuring in the mountains.
 1. Tell us about how you developed a love for the outdoors.
 2. What's your earliest memory of being in the wilderness?
- In the outdoors, many people develop what is "their thing."
 1. Some people love to camp. Some people love to off-road and wheel their vehicles. Some people love to pack raft. Some are backpackers. Some are fisherman.
 2. You do a lot of things but you develop and seek after doing YOUR THING...

3. What would you say in your FAVORITE thing about being in the outdoors?
- How did you first get interested in bush crafting?
 1. Anyone in particular who might have inspired you? Maybe a book you read or movie you watched?
 2. When did you realize you had skills and abilities that you could share with others?

Skills and Techniques

- What are the essential skills that you believe every beginner outdoorsman should learn?
- How do you approach learning new bush crafting or survival techniques?
- Shelters...
 1. I am a huge fan of the ALONE show in the History Channel. My wife and I watch every season. In fact, we were able to interview Timber Cleghorn from the last season
 2. On that show, everyone has outdoor and survival training, yet every shelter they come up with is different.
 3. So, what is your theory on shelters?
 4. Which are the easiest and best to have or create
 5. To keep you comfortable and thriving in harsh conditions...
 6. Can you walk us through your process for setting up a shelter in the wild?
- What are your go-to methods for starting a fire in difficult conditions?
- How do you prioritize what to pack or bring when heading out into the wilderness?
- On your Instagram you state that you do Outdoor Adventures, Gear, Survival and Falkor
 1. What or WHO is Falkor?
 2. Your travel buddy and companion...
 3. Man's best friend!

Challenges and Experiences

- What's been your most challenging experience while being in the outdoors?
 1. You take your dog with you on many of your outdoor experiences
 2. Does having a pet with you make your experiencing easier or more challenging?
- Have you ever been in a survival situation?
 1. We all can remember times when we felt uneasy...
 2. Maybe scared a little because of the situation we got ourselves into...
 3. Any good stories you have?
- Can you share a memorable success story where your skills saved the day?

Nature Connection

- How has your time in the outdoors deepened your connection with nature?
- What do you think time in the outdoors teaches people about sustainability and respect for the environment?

Tools and Gear

- What's the one tool you never head into the wilderness without?

- Do you prefer traditional bushcraft tools or modern innovations? Why?
- I have this addiction to packs...at least my wife says I do lol
 1. What is your method of getting everything where you need it to be?
 2. To camp...
- One of the things I love is when people post pics of their packout
 1. We know what they are doing...
 2. But I want to see HOW they do it
 3. How they plan to get there and what they are taking to survive...
 4. What does your normal packout include/look like?
- Have you ever gotten out in the middle of nowhere...
 1. And realized you have forgotten something?
 2. Do you have a system that helps you to NEVER forget anything important?

Community and Education

- How do you recommend someone start learning about bushcraft? Any specific resources or mentors?
- I haven't done much bush crafting, building shelters, etc.
 1. But I am a backpacker...love the life where everything we need to survive is carried on our backs.
 2. How do think people are impacted personally when they learn to live with so little and get away from having so much stuff?
- Are there common misconceptions about bush crafting that you'd like to address?

Philosophy and Reflection

- What does your outdoor lifestyle mean to you on a personal and spiritual level?
- You have Hebrews 13:6 on your IG which states, "So that we may boldly say, the LORD is my helper, and I will not fear what man shall do to me."
 1. Why this verse?
 2. What does this verse say about you and your lifestyle?
- How has this outdoor lifestyle changed the way you approach life in general?

Wrap it Up...

- Thank you for coming on sharing with us a little about yourself, your lifestyle
- Educating us on something I have little training and knowledge of
 1. We mainly car camp
 2. We have everything we need in our vehicles...except the things we have forgotten at home lol
 3. But yet I have interest and I am blown away by people with your skills.
 4. And I never know when I might find myself in a situation where I need to start a fire, build a shelter or do something to survive.
- And that is why I wanted to have you on here...
 1. We can all learn from each other

2. We can get together, sit down and talk and learn which makes us better people, better outdoorsman
 3. Smarter and more educated.
- So, thank you for taking time out and visiting with us
 - Thank you to everyone who joined us LIVE.
 1. The podcast will be available for download on all podcast platforms
 2. Thank you to our sponsors who make sure the show happens each week
 3. All everyone who supports us by listening and participating.
 - I hope you all have a wonderful week
 1. Get outside...
 2. Learn something new
 3. Whatever you do, look out for number one and don't step in number 2.
 - TIL next week, we are OUT.